



27 – 29 Nov. 2024

# Mental Health Awareness Days

for doctoral and postdoctoral researchers

Improving the resilience during the early career phases

The Mental Health Awareness Days are a joint initiative of Leipzig University, Friedrich Schiller University Jena, Martin Luther University Halle-Wittenberg, yDiv/iDiv and HIGRADE/Helmholtz-Centre for Environmental Research. The event is open to interested doctoral and postdoctoral researchers of all participating institutions. Supervisors are welcome as well.

MARTIN-LUTHER-UNIVERSITÄT  
HALLE-WITTENBERG



UNIVERSITÄT  
LEIPZIG



Gesundheitspartner:  
Techniker Krankenkasse



FRIEDRICH-SCHILLER-  
UNIVERSITÄT  
JENA



German Centre for Integrative  
Biodiversity Research (iDiv)  
Halle-Jena-Leipzig



HELMHOLTZ  
Centre for Environmental Research