Friday September 12th 2025

08:30 - 10:00 Session 1

I wanna stay resilient: Healthy aging and longevity

Speakers: Maria Cristina Polidori (Germany)

Laura Niederhofer (USA) Suresh Rattan (Denmark)

10:00 – 11:15 Short Poster talks + Poster Session + Coffee Break

11:15 - 12:45 Session 2

Old age in heart donors and recipients: Risk factor or silver lining?

Speakers: Peter McDonald (Australien) (ZOOM)

Andreas Zuckermann (Austria)

John Louca (UK)

12:45 - 13:45 Lunch Break

13:45 - 15:15 Session 3

Staying in the flow: Microcirculation & aging

Speakers: Laura de Rooij (Austria) Lars Saemann (Germay) Carolina De Ciuceis (Italy)

15:15 - 16:30 Short Poster talks:

+ Poster Session + Coffee Break

16:30 - 18:00 Session 4

One size fits all? Cardiovascular medicine in advanced Age: Do older patients require novel procedures?

Speakers: Amaia Calderon Larranaga (Schweden)

David Santer (Austria) David Chambers (UK)

Saturday September 13th 2025

08:30 - 10:00 Session 5

Don't you (forget about me): Perioperative considerations for the elderly patient

Speakers: Edda Tschernko (Austria) Anna Meyer (Germany) Constanze Schmidt (Germany)

10:00 - 11:15 Short Poster talks + Poster Session + Coffee Break

11:15 - 12:45 Session 6

I wanna live forever: Cardiovascular senotherapy

Speakers: James Kirkland (USA) Aubrey de Grey (USA) TBA: NN

12:45 - 13:45 Lunch Break

13:45 - 15:15 Session 7 Tell me the reasons why: **Genetics and epigenetics**

Speakers: Roberto Papait (Italy)

Eline Slagboom (Netherlands) Claudio Franceschi (Italy)

15:15 - 16:30 Short Poster talks:

+ Poster Session + Coffee Break

16:30 - 18:00 Session 8

Let's investigate together: Mechanisms and effects of frailty

Speakers: Petra Kleinbongard (Germany) Susan Howleth (Canada) Bernd Niemann (Germany)

20:00 Conference-Dinner

Sunday September 14th 2025

08:30 - 10:00 Session 9 Best abstracts session - Poster Price

10:00 – 10:30 Poster Session + Coffee Break

10:30 - 12:30 Session 10

Let me live my life: Lifestyle, frailty, and aging

Speakers: Tillmann Grune (Deutschland) Dorthe Stensvold (Norwegen) TBA; NN

Meeting program, organisation, registration:

https://www.medizin.uni-halle.de/ageing-conference

Marion Kröbel marion.kroebel@uk-halle.de

Abstractdeadline July 25th 2025

Early registration fee until July 11th 2025 140 € / 100 € students

250 € / 150 € students late fee (On-site registration is possible)

CME-Certification (Continuing Medical Education): requested

Dear colleagues,

Cardiovascular diseases are the major cause of death in industrial nations, especially in the elderly. Therefore, it is of scientific interest how aging and cardiovascular diseases are interconnected. Thus, it is important to understand the mechanisms of aging. The purpose of this meeting is to discuss aging as a modifiable risk factor for cardiovascular diseases and to promote greater communication among both senior and newcomer researchers in the field worldwide. The congress will be the 12th international meeting on aging combined with the 12th Cardiovascular Research Days. It will comprise invited talks and poster sessions.

We are looking forward to welcoming you to Halle (Saale) for a most exciting and enjoy-able meeting.

Cordially,

Andreas Simm Gábor Szabó

Friday September 12th 2025

19:00 Opening Ceremony Andreas Simm & Gábor Szabó

Address

T. Moesta, Medical Director,
University Hospital
H. Kielstein, Dean, Medical Faculty

Keynote lecture and Schober award

Laudation Andrea Britta Maier by James Kirkland (Rochester, USA)

Keynote lecture:

Andrea Britta Maier (Singapore)

21:00 Come Together

Involved working groups:

The Elderly Patient in Cardiac Surgery (German Society of Thoracic and Cardiovascular Surgery / DGTHG)

How to get to us:

By plane: Use the airport Leipzig/Halle By car: expressways A9, A38 and A14. By train: from Berlin (1.5h), Frankfurt (4h), Hamburg (4h), Munich (5h)

www.halle.de the map is located at the upper right part of the website (Stadtplan)

Venue

Opening / Löwengebäude – Conference Site: Löwengebäude Universitätsplatz 1 06108 Halle (Saale)

Conference-Dinner: Landesmuseum f. Vorgeschichte Scientific Dinner Talk: TBA 06120 Halle (Saale)

Meeting organizers: Andreas Simm & Gábor Szabó
Heart Centre,
University Hospital Halle

Ernst-Grube-Str. 40 06120 Halle (Saale)

Tel.: + 49 (0) 345 557-2647 Fax: + 49 (0) 345 557-7070 andreas.simm@uk-halle.de gabor.szabo@uk-halle.de

Meeting secretary: Lars Saemann

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12th Cardiovascular Research Days & 12th International Meeting on Ageing

Stress resilience:

From Molecular Cardiovascular Biology to Clinical Application

September 12th – 14th 2025

Heart Centre
University Hospital Halle (Saale)



in cooperation with

Interdisciplinary Centre on Ageing Halle (IZAH)